







Food from Earth to Heart

Food is the Foundation of Your Health

The Cocoon team are dedicated to helping you feel good in your body, and we believe the best way to do that is to feed you clean, wholesome food the way it was intended by nature; free from refined sugars, additives and chemicals.

We are obsessed with where your food comes from and how it got there. We continuously put our attention on sourcing to ensure we get the best quality ingredients and support other like minded local business that share our views and values. We use our wide network of local farmers and specialist organic producers in the region. We are committed to seasonal produce and go organic wherever possible.

-  **PLANT BASED** Dishes made entirely with vegan products avoiding all animal derived products. These dishes have the largest amounts of vitamins, nutrients and enzymes and alkalizing effect on the body as well as preventing suffering to ALL other life forms on the planet and is a powerful aid for spiritual transformation of the body, emotions and spirit.
-  **RAW FOODS** These have the highest amount of nutrients and enzymes as a lot of these are destroyed when heated above 35 degrees.
-  **GLUTEN FREE** Gluten, the protein in wheat, barley, and rye can cause digestive and health problems in people who are intolerant to it. Gluten intolerance has risen due to the GMO alteration of wheat to create stronger crops.
-  **DAIRY FREE** It is estimated that 8 /10 people are intolerant to dairy due to the lack of the enzyme needed to break down lactose. This intolerance can lead to a series of health problems from general discomfort to allergies, bloating, etc. When consuming dairy it is better to opt for goat or sheep milk as it does not have the same growth factors found in cow's milk which interfere with human hormones. Not to mention the use of antibiotics in the over exploited cow milk industry.

IMPORTANT NOTICE ALLERGEN INFORMATION

If you have a food allergy do not go by the information presented here as it only refers to the ingredients we use. Additional information regarding possible traces of allergens from our supplier's facilities are set out in our allergen control document which you can request from our staff.

Superfood Smoothies

Raw, plant-based smoothies delicately sweetened with fruits, agave or stevia.

SKIN GLOW 🌱 🍌

Marine collagen and vitamin C blended with mixed Berries and coconut probiotic yogurt. The ultimate Beauty drink

GOJI REJUVENATOR 🌱 🍌

Antioxidant goji berries and cold-pressed coconut Butter blended with banana and mango

PASSION & CHIA 🌱 🍌

Tropical flavors of passion fruit and mango explode on The tongue, mellowed with a touch of banana, apple And activated chia seeds

CHOCOLATE MOOD LIFTER 🍌 🌱

Guilt-free boost your serotonin with blended chocolate And banana, peanut butter, almond milk and topped With choc chips

ENERGIZER 🍌 🌱

Avocado, parsley, ginger, banana, yoghurt, chia seed Milk

 + Supplements 

Immunity Shots

ANTI-VIRAL SHOT 🌱 🍌 🌱 🌱 80
Lemon, ginger, vitamin C and oregano oil

IMMUNITY BOOSTER 🌱 🍌 🌱 🌱 80
Beetroot and collagen

REBOOT SHOT 🌱 🍌 🌱 🌱 80
Ginger and lemon

PAINKILLER SHOT 🌱 🍌 🌱 🌱 80
Turmeric, ginger and lemon

RAW PROTEIN ISOLATE 🌱 🍌 🌱 🌱 +80
Organic, dairy-free vegan protein offering a complete Amino acid profile enhanced with digestive enzymes For easy digestion and premium bioavailability

COLLAGEN 🌱 🍌 🌱 🌱 +80
A premium beauty formula to support collagen Production and skin function containing collagen type I and III in a highly bioavailable form with vitamin C.

SUPERFOOD 🌱 🍌 🌱 🌱 +80
Cacao nibs • chia seeds • sprouted flax • Matcha
Ginger spirulina • pollen • vitamin C

Pressed Juice

SUPER DETOX 🍏🌿🥥

Apple, ginger, spinach, avocado & pineapple

GREEN GOODNESS 🍌🥥🌿

Banana, mango, kiwi, green apple, spirulina
Coconut juice

CARROT TWIST 🍏🥕🌿

Apple, carrot & ginger

SWEET BEAT

Apple, carrot, beetroot & apple juice

HYDRATOR 🍌🥥🌿

Mango, cucumber, coconut water & mint

BURNING MAN 🍌🌿

Banana, yoghurt, ginger, papaya, pineapple juice



Refreshments

| | | |
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| 250 | COCOON HOME-MADE LEMONADE 🍏🍋🌿🥥 | 120 |
| | Sugar free health tonic with raw apple cider Vinegar and lime juice | |
| 250 | GINGEMBRE 🌿🍋🌿🥥 | 120 |
| | Fresh ginger, cinnamon syrup & lime with Sparkling, mineral water | |
| 250 | ORGANIC HEALTHY 🍏🍋🌿🥥 | 120 |
| | Original • white and green tea, green bliss Lavender, lemon grass and spirulina • bloody Booth and blueberries | |
| 250 | HOMEMADE ICED TEA 🍏🍋🌿🥥 | 120 |
| | Thai tea, cardamom, cinnamon, clove, anise Almond milk | |
| 300 | FRESH ORANGE JUICE | 120 |
| | GLASS BOTTLE WATER (500ML) | 330 |
| | SPARKLING WATER (500ML) | 330 |
| | COCONUT WATER | 180 |

Organic Coffee

Carefully selected organic fair-trade coffee blends, offered with
A selection of plant-based milks and natural sweeteners.
All our teas and coffees are made using reverse-osmosis filtered
Water removing all trace chemicals.

COFFEE WITH MILK ☞ ☹ ☞ ☞ ☞

MINT COFFEE ☞ ☹ ☞ ☞ ☞

Coffee espresso, mint, sesame milk

COCO COFFEE ☞ ☹ ☞ ☞ ☞

Coffee with coconut juice & almond milk

SWEET POTATO COFFEE ☞ ☹ ☞ ☞ ☞

Coffee espresso, sweet potato, soy milk

CACAO COCO LATTE ☞ ☹ ☞ ☞ ☞

Raw chocolate latte with oat milk and coconut
Whipped cream

MILK OPTIONS

Oat • almond • walnut nut • soy milk • sesame milk

100

120

120

120

200

+60

Organic Monsoon Teas

Experience the unique flavours of sustainably grown
Tea from different regions of Northern Thailand.
Discover two unique Anantara tea blends created by
Monsoon tea masters.

ANANTARA GREEN TEA BLEND ☞ ☹ ☞ ☞ ☞

Green tea with vanilla, orange, mango

Rose jasmine

ANANTARA SPECIALS BLEND ☞ ☹ ☞ ☞ ☞

Black & green tea with coconut, orange, mango

Rose jasmine

180

180



Prices are in Thai Baht and are subject to 10% service charge plus applicable tax.
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.
Please inquire with senior management if you have any dietary restriction, allergies or special considerations.