



THE NATURAL HEALING POWERS OF CANNABIS

The cannabis plant has been utilized in traditional medicines from around the world for centuries. The benefits are many, from calming the mind to soothing the body with its anti-inflammatory antioxidant and deeply soothing properties.

Journey with Anantara Spa and explore a whole new world of healing.

CANNABIS STRESS RELEASE JOURNEY

90 Minutes THB 3,000 net

For those suffering from office syndrome or back and neck pain discover the healing powers of cannabis in essential oil and herbal form. A full-body massage induces deep relaxation, increasing blood flow and detoxification. A warm herbal compress then releases any build-ups of tension along the spine.

Cannabis Foot Ritual - Cannabis Herbal Compress Massage- Cannabis & Floral Tea.

RESTFUL SLUMBER JOURNEY

60 Minutes THB 2,500 net

End a tiring day of work or exercising with head-to-toe relaxation. Your journey begins with an energizing foot scrub to reduce any swelling. An oil massage follows, scented with your choice of cannabis-lavender or cannabis-rice milk to relax from within and beautify from without as your skin is restored and renewed. Return home to the deepest of sleep as your body and mind find peace.

Cannabis Foot Ritual - Cannabis Body Massage Cannabis & Floral Tea



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LIFE IS JOURNEY Visit anantara.com

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